

Below is a list of required items to bring:

Clothing List:

- 1-blanket/pillow/towel
- 4-pairs of pants
- 4-pairs of shorts
- 1-set of sweats: pants and shirt
- 5-short sleeve shirts
- 2-long sleeve shirts
- 2-4 tank tops
- 1-pair of hiking boots
- 1-pair of running shoes
- 1-pair of shower shoes
- 7-pairs of underwear
- 7-pairs of socks
- 1-jacket
- Seasonal clothing as needed
- Gym Clothes
- ID / Driver's license
- Insurance card

Personal Hygiene/Other:

- Deodorant
- Toothpaste/Toothbrush/
toothbrush holder
- Soap/bodywash
- Shaving supplies
- Brush/comb
- Washcloth
- Lotion/Chapstick
- Sun screen
- Swim trunks
- Foot powder
- Bug spray
- Snacks / soda are on you
- Nothing refrigerated
- Backpack/daypack w/bladder
- Sleeping bag
- Spiritual materials/books

If it's not on this list, please do not bring it with you!

Beacon Treatment Center is 90/180 day program. You may begin the program when you are detoxed for 3 days. During your time with us you will learn tools and skills that will help you maintain sobriety. As you work through each Phase of the recovery program you will earn privileges and freedoms that will assist your re-entry into a life. Above all you need to come when you are ready for change and when you have made a decision to find change!